

Fall/Winter Information Sheet

The seasons are upon us of cool weather, warm sweaters and dare I say that dreaded “s” word?! With the new season comes a new schedule of new activities and new adventures. The new schedule and this information sheet will cover all things taking place from October 1st, 2023 to March 31st, 2024.

On the website, www.supportedchoices.ca you will find the new Fall/Winter Schedule under the “Leisure” tab as well as this information sheet that you can use as a reference to go back to anytime for reminders. We will update the Fall/Winter Schedule at the beginning of each month to include an added portion on the bottom that will list the outings, theme days, Free Lunch Friday menu and any special activities that month.

→ **PLEASE NOTE:**

Life skills and learning as well as games and activities will be available at the Day Program everyday for any participants who do not want to join in any outing activity.

FREE LUNCH FRIDAYS - participants are welcome to enjoy a hot lunch prepared here or bring their own if the menu doesn't suit. **Please bring your own drinks and snacks.** The menu will be listed at the bottom of the Fall/Winter Schedule at the beginning of each month.

HOLIDAYS - The Day Program will be CLOSED on the following days:

- ★ Monday, October 9th - Thanksgiving
- ★ Monday, December 25th
- ★ Tuesday, December 26th
- ★ Monday, January 1st
- ★ Tuesday, January 2nd.
- ★ Monday, February 19th - Family Day
- ★ Friday, March 29th - Good Friday

★ Monday, April 1st - Easter Monday

The Day Program will have small themed “parties” with each holiday. The parties will include things like themed clothing, themed treats/snacks/drinks and activities and games based on the holiday. These will be listed on the bottom of the Schedule when we update each month but for reference, the following parties will be planned:

- ★ Tuesday, October 31st - Halloween party
- ★ Friday, December 22nd - Christmas Party
- ★ Friday, December 29th - New Years Party
- ★ Wednesday, Feb 14th - Valentine’s Party
- ★ Monday, March 18th - St. Patrick’s Day
- ★ Wednesday, March 27th - Easter

MONDAY OUTINGS will be listed at the bottom of each Schedule at the beginning of each month. These outings will go until December 18th after which they will stop until April due to the weather being unpredictable. Here is a list of outings up until December 18th:

- ★ Oct 2 - Scarecrow Invasion Drive in Meaford or Apple Picking
- ★ Oct 9 - Program closed - Happy Thanksgiving!
- ★ Oct 16 - Ripley’s Aquarium trip
- ★ Oct 23 - Marine and Rail Museum - bring a picnic style lunch
- ★ Oct 30 - Corn Maze and pumpkin picking
- ★ Nov 6 - Butterfly Conservatory Cambridge (info with pricing to come)
- ★ Nov 13 - Dairy Farm tour and learning(inquiring)
- ★ Nov 20 - Grey Gallery - art gallery tour (inquiring)
- ★ Nov 27 - Conservation Area trail walk
- ★ Dec 4- Skyzone Trampoline Park - (info with pricing to come)
- ★ Dec 11 - Mill Creek Chocolates Owen Sound (inquiring)
- ★ Dec 18 - Bruce Power Tour (inquiring)

Once the outings are done for the season, we will pick up our weekly Science lessons. The topics will be chosen by the participants and we will learn through experiments, researching and

discussion of each topic. We will update the bottom of the Fall/Winter Schedule with the chosen topic in the new Science portion which will replace the Outings.

BOWLING will continue as usual every Thursday. If the weather is not cooperating, it will be cancelled and we will stay at the Day Program instead.

WEDNESDAY NIGHT COOKING - the last night will be Wednesday, December 22nd and will return again on Wednesday, April 3rd.

AFTER SCHOOL MONDAYS - will continue as usual and will be cancelled if the weather isn't good.

SNOW DAY PROCEDURE

In the event of poor winter weather, Supported Choices will follow these steps.

- Step #1 - Busses get cancelled for surrounding schools
- Step #2 - Supported Choices will call contacts in each town we travel to and speak with someone about visibility and road conditions.
- Step #3 - Supported Choices will make a decision on travel for the day and will notify individuals and families of any cancellations. If you do not hear from us, travel will be scheduled as usual. Please allow for extra time for pick ups and drop offs in the winter. Our drivers will make it to you safely even if it takes a little extra time. IF the supported individual or family does not feel it is safe, they can call to cancel their pick up by **contacting the driver for the day directly**. Here is all the information for each driver on each day:

> Durham/Hopeville Route:

**Monday, Tuesday and Wednesday *contact
Bri - 519-881-7406**

Thursday and Friday *contact Carol - 519-270-4223

➤ **Mildmay/Harriston/Mt.Forest/Ayton/Neustadt Route**

Monday, Tuesday, Thursday and Friday *contact

Trevor - 519-374-9020

Wednesday *contact Steve - 519-901-0551